

Parenting Safe Children is an adult educational workshop where caregivers will learn how to keep children safe from sexual abuse. During this interactive and informative session, caregivers will receive accurate information about child sexual abuse, and will be provided with actions they can take to keep children off limits to sexual abusers.

Children are better able to reject unwanted touch and uncomfortable situations when they are taught body-safety skills. Just as they are taught to stay safe when bicycling, swimming, cooking, or driving, they can be taught how to protect themselves in difficult situations.

The Parenting Safe Children workshop uses a three-part prevention model developed over two decades in the field. You will learn very specific tools you can use in your home, school, place of faith, youth organizations, and community to protect children from sexual abuse.

1. Parent Education—*You will learn what makes children vulnerable to sexual abuse.*

- Who do sexual abusers target and why?
- How do sexual abusers “groom” children?
- What are the warning signs that a child, teen, or adult may be harming a child sexually?
- What is the difference between age appropriate sexual behavior and problematic sexual behavior?

2. Child Empowerment—*You will learn body-safety rules to teach your children.*

- What is the role of boundaries and privacy in keeping kids safe?
- Why is it important to distinguish between secrets and surprises?
- How can body-safety rules be applied to the Internet?
- How do you teach children manners yet also empower them to say “No” in a compromising situation?
- How do you give children choices about showing affection?

3. Caregiver Screening—*You will learn tools and techniques for screening caregivers effectively.*

- What questions can you ask when you make play dates for your child, hire a babysitter, or enroll your child in a sports program?
- What basic policies ought to be in place to keep schools, places of faith, and youth organizations off limits to sexual abusers?
- How can you seize “teachable moments” to reduce vulnerability?

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